If I am admitted to the ward will I still be in contact with Midlothian staff?

Your Midlothian psychiatrist will also be your psychiatrist on the ward. The redesigned service aims to help people remain in their own community whenever possible. To support people to be discharged from the ward as early as possible, workers from Midlothian services will continue to work with you during an admission. You will continue to have contact with your keyworker on the ward. Whenever you are able, the team will support you to start attending services in Midlothian, in the same way that this currently happens from Rosslynlee. There will be support for travelling to Midlothian, and the map opposite shows public transport links.

Will Midlothian patients only be admitted to ward 5?

Occasionally the ward may be full and people may be admitted to a different ward, however they will move to ward 5 at the earliest opportunity. When beds are available in ward 5, people from other areas may be admitted until a bed becomes available in their own area’s ward.

In the past I have contacted the crisis team or AAU for help, who do I contact now?

Service users already in contact with the combined community mental health team will have a personal plan of who to contact if they need support. A future leaflet will focus on accessing services for new service users.

Travelling to the Royal Edinburgh Hospital

Will I continue to get support from advocacy?

Yes, advocacy support will be available.

Will support still be available from VOCAL?

Yes. Midlothian carers can contact Vocal Midlothian for individual support and information.

When will I be able to visit a friend or relative on the ward?

Visiting hours are Mon to Fri 2.30-4.30pm and 6.30-8.30pm. At the weekends visiting is 10am-8pm.

How will I get to the ward to visit?

Public transport: there are direct buses from Penicuik to Morningside (No.s 15 & 15a). From other areas you will need to change buses. There are many buses from the city centre (please see map), alternatively the 38 bus from the Royal Infirmary of Edinburgh and Cameron Toll goes to the Morningside area, approximately 10mins walk from the hospital.

Parking: if you are driving to the Royal Edinburgh Hospital there is free parking in the grounds, however this is very busy during the day and it can be difficult to find a space. It is easier to park in the evening. There is controlled parking throughout the Morningside area with pay and display parking meters.
Mental health services, for people aged 18-65, in Lothian are being redesigned with in-patient facilities at the Royal Edinburgh Hospital and St. John’s in Livingston. In Midlothian, community services are being developed to support people to stay in their own communities whenever possible. The aim is for admissions to hospital to be less frequent and with shorter stays.

**Why is the ward moving?**

If you are currently using mental health services your key worker will be happy to discuss the changes and any implications they have for you.

If you are a service user and need help to find out more about how these changes might affect you, contact CAPS independent advocacy at:

5 Cadzow Place
Edinburgh, EH7 5SN
Tel: 0131 538 7177,
email: contact@capsadvocacy.org

If you are a carer you can contact VOCAL at:

Grannies Park, Edinburgh Road
Dalkeith, EH22 1JY
Tel: 0131 663 6869
Email: lissa@midlothian.carers.net

Was this leaflet useful?

We want to make sure you get all the information you need about the changes to the Mental Health Service. We will be producing more leaflets like this to keep you informed about the progress we are making. We are interested to hear what you think of the leaflet and what information we should include in the next one. We would also like to know if there are other things we could do to help keep you informed.

To tell us your views contact:
Catherine Evans,
0131 561 5527,
catherine.evans@lpct.scot.nhs.uk

**How do I find our more information?**

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**Where will the new Midlothian inpatient service be?**

Ward 5, Andrew Duncan Clinic, Royal Edinburgh Hospital. For people aged over 65 there will continue to be an acute ward at Rosslynlee.

**When is the ward moving?**

The ward will relocate from Rosslynlee to the Royal Edinburgh Hospital from 30th April, over a two week period.

**What will the ward be like?**

Midlothian will share the ward with people from Edinburgh. Midlothian will have access to eight beds. There is a mixture of single rooms and small dorms on the ward. There will be a clinical team on the ward similar to Rosslynlee. A group programme run by the occupational therapy service operates Monday to Friday. Within the hospital there is a shop, a tearoom (the Verandah Club run by friends of Morningside) an activity centre and drop in facility (The Hive, run by SAMH). There is also a chaplaincy service.