

## ADHD Assessment Clinic

### Staff at the clinic:

- Lorna Jones (Community Nurse Specialist)
- Doctor Fiona Forbes (Consultant Child & Adolescent Psychiatrist)
- Doctor Saffa Saleh (Staff Grade Psychiatrist)
- Doctor Vahdet Gormez (ST4 Child & Adolescent Psychiatry)
- Rhona McAlpine (Senior Occupational Therapist)
- Sonya Carey (Educational Psychologist)
- Ann Myles (Administrator/Secretary)



### Clinic:

#### **Craigroyston Health Clinic**

1b Pennywell Road  
Edinburgh  
EH4 4PH

### Office:

#### **North West ADHD Team**

Pennywell House  
1b Pennywell Gardens  
Edinburgh  
EH4 4NX

**T: 0131 529 6868**



## ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADHD)

ASSESSMENT CLINIC AT:

**Craigroyston Health Clinic**



## ADHD ASSESSMENT CLINIC

Your child has been referred to this clinic by your family doctor, the school doctor or another professional. They may have thought that your child has difficulties which sounded like ADHD, or perhaps you, your family or your child's school thought it was possible.

### *When is the clinic?*

Tuesday afternoons.

### *Where is the clinic?*

Craigroyston Health Clinic, 1b Pennywell Road,  
Edinburgh, EH4 4PH  
Tel: 0131 315 2121

### *What happens at the clinic?*

You and your child will be seen by two members of the team. They will ask you about your child's early history and development as well as brief details about your own health and family history. These details are very important in making this assessment. The team members will also be observing your child and may ask them to do some simple tasks, such as writing, drawing or some co-ordinated movements. There are No blood tests, "jags" or X-rays. This first interview will take about an hour.

### *What happens next?*

It is not usually possible to make a full assessment at the first interview, because it is important to get information from other people who know your child and about how they behave and learn in school.

We will ask your permission to contact the school, and any other professionals who you think might be able to give us information that might help. Usually we will visit the school to observe your child in class and talk to the teacher. You will then be offered another appointment to discuss all this information and our assessment.

Sometimes we might want your child to see our Educational Psychologist to look at how your child learns or an Occupational Therapist who can assess if your child has, for example, difficulties with handwriting or co-ordination.

### *What if I want to speak to a team member alone without my child present?*

Sometimes parents have things they don't want to say in front of their children. If this is the case, please let us know, and you can be seen separately. Likewise a team member may want to discuss things with you without your child being there.

### *Who is at the clinic?*

There are several doctors who work at the clinic. There is also usually a nurse and sometimes trainees or medical students. You and your family will be seen by one or two people together.

The names of the professionals who are usually there are written at the end of this leaflet.

### *Who should I bring to the appointment?*

It's very helpful if both Mum and Dad can come to the appointment with your child. If that's not possible, please bring anyone who you would find helpful. E.g. A grandparent or friend.

### *Should I bring anything else to the appointment?*

Reports from school or other professionals are very helpful, if available.

### *What can I expect at the end of this assessment?*

After we have collected the relevant information, we'll need to meet with you to discuss our assessment. We will discuss possible treatment and management options, whatever the diagnosis is. Many of the children who are referred to the clinic do not have ADHD. The doctor may suspect that there is something else that needs to be looked at, and suggest more tests. Or they may think your child has difficulties that they will grow out of, or that would be helped by behaviour management classes. You may be given some information to read, and the options for management will be discussed.