

Contact details:

The Meadows
Child and Adolescent
Mental Health Service
3 Rillbank Terrace
Edinburgh
EH9 1LL

Tel: 0131 536 0534

The Meadows

Child and Adolescent
Sexual Trauma Service



Information
for referrers



Who we are

The Meadows team provides a multi-disciplinary approach to children and young people (0-18 years) and their families who are experiencing emotional, behavioural and mental health difficulties following sexual abuse. We also provide a service for children who display problematic sexual behaviour.

What we do

- Help the child/young person deal with the traumatic effects of sexual abuse
- Parenting advice and support
- Family advice and support
- Assessment
- Assist the child/young person to gain a sense of control within their lives
- Encourage and assist the child/young person to build a supportive network within the community
- Provide consultation/training

Referrals

We take referrals from a number of sources: e.g. GP, Social Worker, Health Visitor or Community Paediatrician. Allegations must have been reported in line with child protection procedures.

If you would like to discuss making a referral, please telephone us on 0131 536 0534

