

## How to book:

- You must obtain consent from the parent or guardian and the young person where appropriate. If the young person is 14 years of age and over consent is needed. If the young person is 16 years or over parental consent is not required.
- Sessions can be booked by phoning the CAMHS reception staff on 0131 536 0534. They will have up to date information on dates, times and venues.
- When you book in we will send you a consultation service summary form for you to bring to your appointment.
- Sessions last 30 minutes, although if you think a double session will be helpful, please feel free to book one.
- Further information can be obtained from your area Community Mental Health Worker or from reception.

Child & Adolescent Mental Health Service

**Edinburgh**

**CONSULTATION SERVICE**

**South**

## About the service

- The consultation service is designed for people who work with children and young people between the ages of 0 and 18.
- You could be a social worker, doctor, nurse, health visitor, teacher, educational psychologist, youth worker, foster carer or work for a voluntary agency.
- The purpose is to meet with members of the Child & Adolescent Mental Health Team to discuss any aspect of your work with children and young people where an emotional, behavioural or other mental health concern may be present.

## When to use this service

- This forum may be helpful where a number of professionals are already involved in supporting a child and a family and wish to discuss mental health issues.
- You may be unsure of the next step to take when working with a family with complex needs.
- You may wish to discuss whether a referral to CAMHS would be appropriate.